

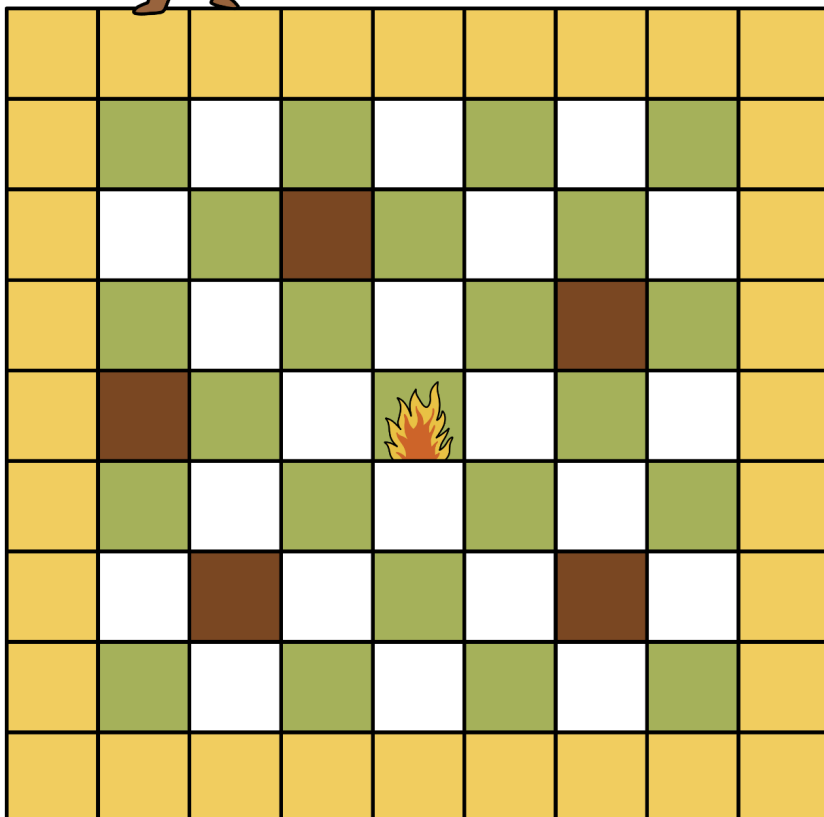


In this board game, students help a squirrel carry the Olympic flame while reinforcing their aural recognition of quarter rests.

REST RECOGNITION



**READY, SET,
REST!**



HOW TO PLAY

Players

One player

Materials

- One laminated game board
- One game marker
- 18 playing cards

Game Objective

Musical Objective: To reinforce aural recognition of quarter rests.

Game Objective: To land the game marker on a brown square.

Setting It Up

The student sits on the floor with the game board placed in front of them. The game marker is placed on the flame in the center of the board. The 18 playing cards are spread out on the floor with the rhythm labels facing up.

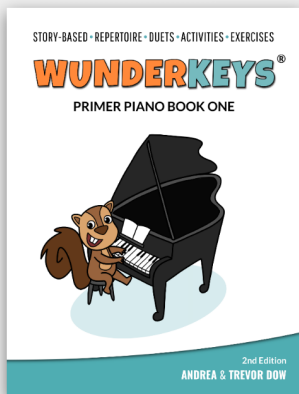
Playing the Game

1. To begin, the teacher claps and counts a measure of rhythm displayed on any card.
2. The student finds the card that displays the rhythm clapped by the teacher.
3. On the back of the selected card is a direction (Up, Down, Left, Right). The student moves the game marker one square in the indicated direction. For example, if

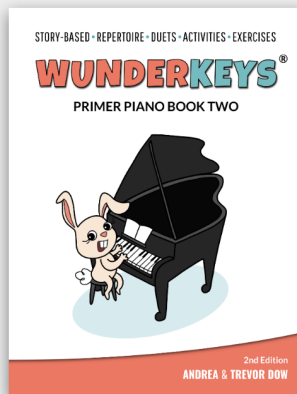
the card says “Right,” the game marker moves to the next square directly to the right of its current position.

4. The used card is removed from the playing area, and Steps 1–3 are repeated. Play continues until either:
 - The game marker lands on a brown square (the student wins), or
 - There are no more cards to turn over (the student loses).
5. If, at any point, the game marker lands on a yellow (outside) square, it must be returned to the flame in the center of the board, and play continues.
6. If the student wins the game, they count the number of cards removed before reaching the brown square. In future games, they can try to beat this score.

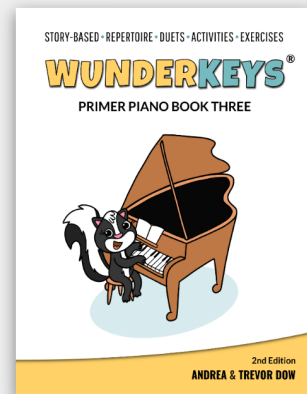
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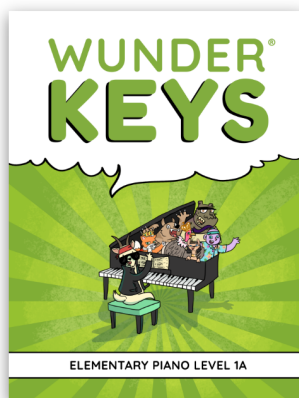
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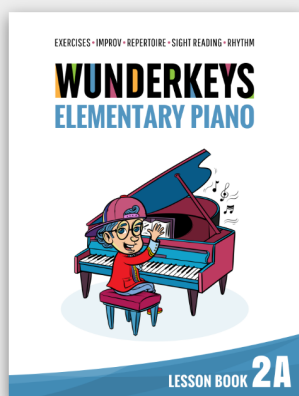
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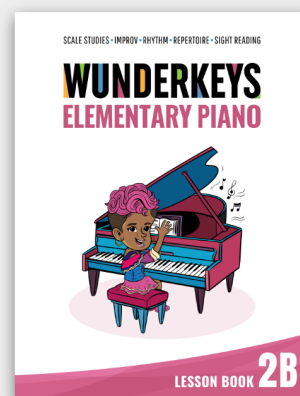
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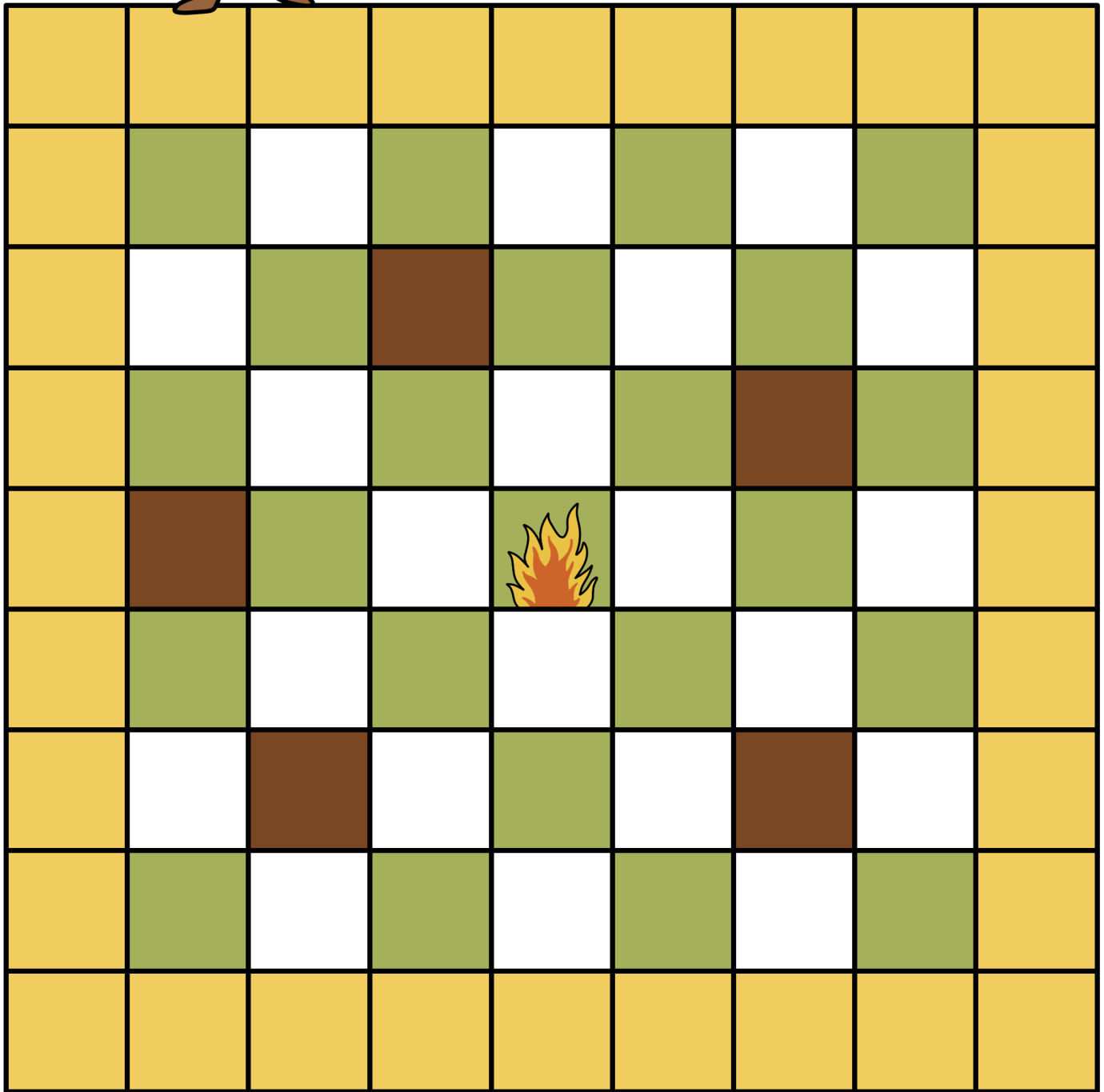


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apply double-sided printing.



READY, SET,
REST!



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apply double-sided printing.



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RIGHT ▶

◀ LEFT

↑ UP

◀ LEFT

↑ UP

DOWN ↓

DOWN ↓

◀ LEFT

RIGHT ▶




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◀ LEFT

DOWN
▼

RIGHT ▶

▲
UP

RIGHT ▶

◀ LEFT

RIGHT ▶

DOWN
▼

▲
UP