



K-CREW AND THE URBAN KEYS

CROSS THE CURB
Technical Trick - The Top Two

OUT 'TIL EIGHT
Technical Trick - The Top Two

FULL OUT FINGERS
These warm-ups will help you increase your finger speed. Practice the Full Out Fingers exercises and test them out on the lead sheets that follow this page.

SPIN SIXTEEN
Be one with the blur as you find your high gear.

TOPROCK TRIPLES
Pump up the speed with tricky triples.

LAUNCHING OFF WITH LEAD SHEETS
BY WUNDERKEYS®



K-CREW AND THE URBAN KEYS

LAUNCHING OFF WITH LEAD SHEETS

by Andrea and Trevor Dow



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HOW TO USE THIS BOOK

The Quick-Start Guide To Using This Book

K-Crew and the Urban Keys is divided into three stellar sections: Hip Hop Hand Extensions, Full Out Fingers, and Freestyle Finger Flex. Each section contains an inspiring instructional page and six lead sheets designed to help your students master technical skills.

To begin, have your students:

1. Choose one of the three stellar sections in this book and flip to the instructional page.
2. Select and then practice one of the three technical skills.
3. Choose a lead sheet that reinforces the technical skill practiced in Step 2 (the sub-heading and graphic accompanying each lead sheet identify the skill being reinforced).
4. Locate areas in the lead sheet where the technical skill is required. Practice these sections independently.
5. Practice the entire right-hand melody of the lead sheet.
6. Create a left-hand accompaniment based on the chord progression of the lead sheet. For some rockin' pointers, check out *Playing Lead Sheets* on the page that follows.
7. Practice a left-hand accompaniment.
8. Combine the left-hand accompaniment with the right-hand melody to make awesome music! Add pedal where desired to create your custom sound.

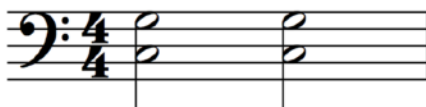
PLAYING LEAD SHEETS

Tips For Playing From Lead Sheets:

1. Lead sheets use chord symbols in place of a bass staff.
2. Chord symbols dictate the chord that the left hand plays within that measure.
3. Chord changes happen at the point in each measure where the chord symbol appears.
4. If a measure is missing a chord symbol, play the chord from the previous measure.
5. If a measure has two chord symbols, change chords according to the location of each symbol.
6. Use “solid 5ths” instead of three-note chords to allow for aural appeal and ease of playing.

Left-Hand Accompaniment Suggestions:

Here is a left-hand rhythmic pattern:



Try it on the chord progression below:

C | Am | F | G

Here is a left-hand rhythmic pattern:



Try it on the chord progression below:

G | Em | C | D

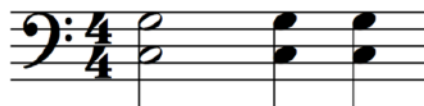
Here is a left-hand rhythmic pattern:



Try it on the chord progression below:

C | F | G | C

Here is a left-hand rhythmic pattern:



Try it on the chord progression below:

G | G | C | D

HIP|HOP|HAND|EXTENSIONS

These warm-ups will help you master hand extensions. Practice the Hip Hop Hand Extension exercises and test them out on the lead sheets that follow this page.



FLOAT THE FIVE

Keep it light as you reach your five skyward.



THUMBS OUT

Stretch it out with a thumb that's free and fearless.



CRAZY EIGHTS

Give the octave a nod as you leap the lip.



OUT 'TIL EIGHT

Technical Trick - Crazy Eights



Musical notation for the first staff, measures 1-4. Chords: Dm, Bb, Dm, Bb, Dm, Bb, F. Fingerings: 4 1, 1.

Musical notation for the second staff, measures 5-8. Chords: Dm, Bb, F, C, Dm, Bb, F, C. Fingerings: 5 3, 5 2.

Musical notation for the third staff, measures 9-12. Chords: Dm, Bb, F, Dm. Fingerings: 4 1, 4.

Sample



Musical notation for the fourth staff, measures 13-16. Chords: F, C. Fingerings: 2 1 2 3, 2 1 2 3.

Musical notation for the fifth staff, measures 17-20. Chords: Bb, F, C. Fingerings: 1 2 5 2.

Musical notation for the sixth staff, measures 21-24. Chords: Dm, Bb, F. Fingerings: 2 1 2 5 2, 5 2, 3 1.

FULL | OUT | FINGERS

These warm-ups will help you increase your finger speed. Practice the Full Out Fingers exercises and test them out on the lead sheets that follow this page.



SPIN SIXTEEN

Be one with the blur as you find your high gear.



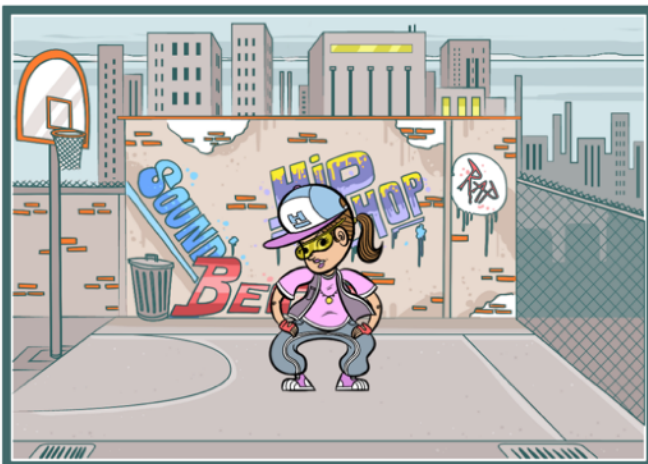
TOPROCK TRIPLES

Pump up the speed with tricky triples.



LIQUID LEAP

Leap the street as you cat pass over the keys.



FREE THE THREE

Technical Trick - Liquid Leap



Musical staff 1: Treble clef, 4/4 time signature. Chords: Cm₃, Ab, G₃, Cm, Ab, G₃. Rhythmic patterns include triplets and eighth notes.

Musical staff 2: Treble clef, 4/4 time signature. Chords: Cm₃, Ab, G₃, Cm, Ab, G. Rhythmic patterns include triplets and eighth notes.

Musical staff 3: Treble clef, 4/4 time signature. Chords: Cm₃, Ab, G₂, Cm₃, Ab, G. Rhythmic patterns include eighth notes and a 5th finger note.

Musical staff 4: Treble clef, 4/4 time signature. Chords: Cm₃, Ab, G₃. Rhythmic patterns include eighth notes and triplets.

Sample



Musical staff 5: Treble clef, 4/4 time signature. Chords: Dm, Bb. Rhythmic patterns include eighth notes and triplets.

Musical staff 6: Treble clef, 4/4 time signature. Chords: Dm₁, Bb, F. Rhythmic patterns include eighth notes and triplets.

Musical staff 7: Treble clef, 4/4 time signature. Chords: Dm, Bb, F, C, Dm₁, Bb, F. Rhythmic patterns include eighth notes and triplets.

FREESTYLE | FINGER | FLEX

These warm-ups will help you improve finger flexibility. Practice the Freestyle Finger Flex exercises and test them out on the lead sheets that follow this page.



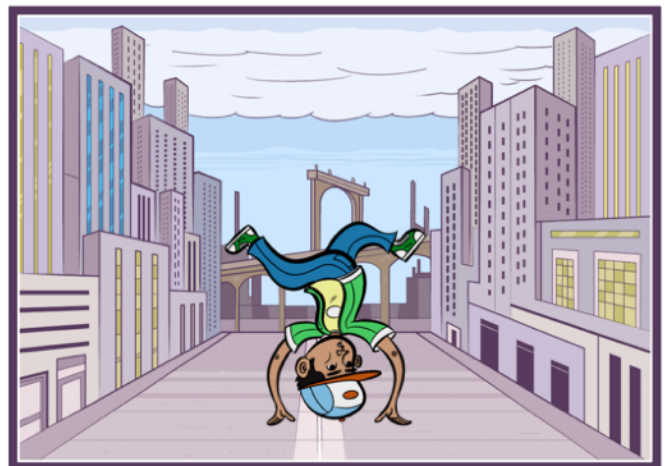
THE TOP TWO

Take a twisty and send your two over the top.



THE UNDERGROUND

Swivel and tuck through the Tall Man Tunnel.



LOCK AND POP

Plant your hand and find that inner groove.



CROSS THE CURB

Technical Trick - The Top Two



Am F Am F Am F Am F

Musical staff 1: Treble clef, 4/4 time signature. Notes: G4 (quarter), A4 (quarter), B4 (quarter), C5 (quarter), B4 (quarter), A4 (quarter), G4 (quarter), F4 (half). Fingering: 1, 2, 1, 2, 1, 2, 3. Chords: Am, F, Am, F, Am, F, Am, F.

Am F Am F

1. Am F Am F | 2. Am F Am F

Musical staff 2: Treble clef, 4/4 time signature. Notes: G4 (quarter), A4 (quarter), B4 (quarter), C5 (quarter), B4 (quarter), A4 (quarter), G4 (quarter), F4 (half). Fingering: 1, 2, 1, 2, 1, 2, 3, 2, 1. Chords: Am, F, Am, F. First ending: Am, F, Am, F. Second ending: Am, F, Am, F.

Am F Am F Am F

Musical staff 3: Treble clef, 4/4 time signature. Notes: G4 (quarter), A4 (quarter), B4 (quarter), C5 (quarter), B4 (quarter), A4 (quarter), G4 (quarter), F4 (half). Fingering: 1, 2, 1, 1, 2, 1, 1, 2, 1, 2, 1, 2. Chords: Am, F, Am, F, Am, F.

Am F Am F

Musical staff 4: Treble clef, 4/4 time signature. Notes: G4 (quarter), A4 (quarter), B4 (quarter), C5 (quarter), B4 (quarter), A4 (quarter), G4 (quarter), F4 (half). Fingering: 1, 2, 1, 1, 2, 1. Chords: Am, F, Am, F.

Sample



Top Two

Dm Bb Am

Musical staff 5: Treble clef, 4/4 time signature. Notes: G4 (quarter), A4 (quarter), B4 (quarter), C5 (quarter), B4 (quarter), A4 (quarter), G4 (quarter), F4 (half). Fingering: 1, 2, 3, 1, 2, 1, 3. Chords: Dm, Bb, Am.

Am Bb Am Dm Bb Am

Musical staff 6: Treble clef, 4/4 time signature. Notes: G4 (quarter), A4 (quarter), B4 (quarter), C5 (quarter), B4 (quarter), A4 (quarter), G4 (quarter), F4 (half). Fingering: 1, 2, 1, 1, 2, 1, 1, 2, 1, 5. Chords: Am, Bb, Am, Dm, Bb, Am.

9 Dm Bb Am Dm Bb Am Dm

Musical staff 7: Treble clef, 4/4 time signature. Notes: G4 (quarter), A4 (quarter), B4 (quarter), C5 (quarter), B4 (quarter), A4 (quarter), G4 (quarter), F4 (half). Fingering: 1, 2, 1, 1, 2, 1, 1, 2, 1. Chords: Dm, Bb, Am, Dm, Bb, Am, Dm.