FINGER WARM UPS



Let's warm up your fingers! I will read a poem while demonstrating the actions. Then, we will try it together!



Pinky Pig Was All Alone

Pinky Pig was all alone... called up Pointer on the phone.
The two danced high, the two danced low to music from the radio!





Thumbelina Is So Big

Thumbelina is so big; she's not as small as Pinky Pig! For them to touch, they have to bend... and skip across their three good friends!



Pointer Panda Munches Trees

Pointer Panda munches trees. He gets bored, and so he leaves. Middleton pops up to play, but his friend has gone away!







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Ringo Raccoon Is So Shy

Ringo Raccoon is so shy; it's hard to lift that little guy! Middleton, he comes along... and makes Ringo twice as strong!



Five Friends Wiggle







Five friends wiggle oh so fast! Try to catch them as they pass. They can wiggle left and right, 'til they lay down for the night.



Have You Met The Finger Troop?

Have you met the finger troop?
Pinky, Pointer and the group?
One by one they stand up tall.
Count them one and count them all.





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Five little mice all curled up in a nest.
Once woke, two woke, so did all the rest.
They climbed the wall, right to the top.
But when they slipped, they belly-flopped!



Five Little Seashells

Five little seashells, buried in the sand; dug up five with my strong hand. "Yikes!" said the shells "It's bright in the sun!" And dug back down until there were none.

3 Five Little Turtles

Five little turtles snuggled up so tight.
They were nice and cozy, settled for the night.
A sudden splash woke up just one.
With a rattling of shells
they all came to see the fun!



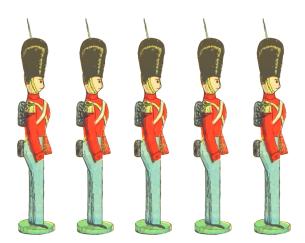


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Five little snowmen stood out in my yard. The sun came out and shone down hard! The snowmen shrank down one by one... 'til nothing was left of my winter fun!





Five Tall Soldiers

Five tall soldiers standing in a row. Stretch up tall and crouch down low. March to the left and march to the right. Lay down fast asleep at night.

Five Fat Peas

Five fat peas in a pea pod pressed. One grew, two grew, so did all the rest. They grew and grew and did not stop, until one day the pod went POP!

